

### Get your food program earnings for 2012 online

After your October claim (paid in December) is processed, log in to [CACFP.Net](http://CACFP.Net).

- Select My CACFP Info from the blue menu bar and click on Checks Received.
- Enter this year's Start Date (1/1/2012) and End Date (12/31/2012) and click on Display.
- To print, or to save to a file, select File in the upper left corner of your browser page.

Or to have your record mailed, wait until your October claim (paid in December) is processed, and:

- Call 800-783-9322, ext. 8051.
- Follow the instructions; your statement will be sent to the mailing address we have on file.



### Food program milk requirements

- Milk served to children two years and older must be skim or 1% milk.
- One year-olds may be served skim or 1% milk, although whole or 2% milk is recommended.
- Area coordinators will monitor for the correct milk at home visits. If you don't serve the proper milk, the affected meal or snack will be disallowed and a corrective action plan will be put into place.
- The WECA Food Program is not required to deduct for incomplete or incorrect milk documentation on menu forms.

### What are shelf-stable meats?

The Wisconsin Department of Public Instruction (DPI) reminds you that shelf-stable dried meat, poultry or seafood items are NOT creditable on the food program. You must serve a creditable meat/meat alternate in place of these and enter that item on your menus.

Items include, but aren't limited to:

- ⊗ Smoked snack sticks.
- ⊗ Summer sausage.
- ⊗ Pepperoni.
- ⊗ Jerky.
- ⊗ Shelf-stable nuggets that are produced in a way similar to jerky.

### In this issue: We focus on trying new foods.

- Tips from other providers.
- Printable award ribbons for trying a new food (or for any reason).
- It's our final cookbook drawing. What's next?



### Your responsibilities during a home visit

- When your area coordinator arrives, if you're open for business (whether or not children are present), you must make menus and attendance records available for her review.
- If you are closed that day because you're ill, no meals can be reimbursed. Your visit will be completed another day.
- By signing the Sponsor/Provider Agreement, you have agreed to allow representatives from WECA, DPI or USDA to make announced and/or unannounced visits to your home to review meal service and food program records during your official business hours.

### Will you be out? Give her a shout!

If you're going to be out with the day care kids at your normal meal or snack time, notify your area coordinator before 7:00 am. that day. Call 800-783-9322 and leave her a voice mail message.

Here's why: If she comes for a home visit while you're out, and you don't arrive within a half-hour of your normal serving time, you'll lose payment for that meal or snack.

Whenever you change your meal or snack times, inform your area coordinator so she can visit at the correct times.

### USDA POLICY: Keep your food program records

- Food program records must be maintained at your site for the previous 12 months, plus the current month.
- Records for the previous two years can be stored onsite or offsite, but they must be made available if requested.
- You can keep records electronically or on paper, but all records must be accessible for WECA, DPI or USDA review at any time during your regular day care hours.

## USDA-approved milk substitutes

A child one year or older who can't drink regular milk for a dietary reason (but NOT a disability), may be served an approved non-dairy beverage at the parent's request. Any substitutions are at the option and expense of the provider.

The provider and parent must complete a Non-Dairy-Substitute Parent Request Form. A copy of the completed form must be on file with the provider and with WECA, and the form must be approved before the substitute can be reimbursed.

Currently-approved substitutes are:

- Kikkoman Pearl Soymilk, Smart Creamy Vanilla, 8.25 oz. single-serving container, UPC 0-41390-06141-7.
- Kikkoman Pearl Soymilk, Smart Creamy Chocolate, 8.25 oz. single-serving container, UPC 0-41390-06151-6.
- Pacific Natural Foods Ultra Soy All Natural Nondairy Beverage, Plain, 8.25 oz. single-serving container, UPC 0-52603-08311-9; Quart, UPC 0-52603-08200-6
- Pacific Natural Foods Ultra Soy All Natural Nondairy Beverage, Vanilla, Quart, UPC 0-52603-08225-9.
- SunOpta Sunrich Naturals Soymilk, Original, 8 oz.
- SunOpta Sunrich Natural Soymilk, Vanilla, 8 oz.
- 8<sup>th</sup> Continent Soymilk, Original, half gallon.

## \$\$\$ When are direct deposits made?

Direct deposits occur on or before the 10th of each month.

Submit your claim by the 5th of the month following the claim month for on-time payment. The WECA Food Program cannot guarantee payment for a claim received 30 days or more after its due date.

To hear the date of the next direct deposit, call 800-783-9322, ext. 4001. The message is updated as soon as we have current information for you.

## Mac and Google Chrome don't play nicely with CACFP.Net

Macintosh computers aren't compatible with CACFP.Net. You will need to use a different computer for your CACFP.Net access.

If you do use a Mac computer to access CACFP.Net, neither CACFP.Net nor the WECA Food Program will be responsible for errors that result.

The Google Chrome browser is also not compatible with CACFP.Net. Use a different browser for your CACFP.Net access.

If you use Google Chrome to access CACFP.Net, neither CACFP.Net nor the WECA Food Program will be responsible for errors that result.

## Important - Child ID numbers must match

On every Child Enrollment Form you submit to the WECA Food Program, the number you assign the child on that form (one through 35) MUST MATCH:

- The ID number you used to pre-enroll the child online, or;
- The ID number you used to claim the child on scanned forms.

If not, you can lose reimbursement. Unfortunately, incorrect information on enrollment forms is provider error and is not adjustable.

Review your copies of Child Enrollment Forms and let us know when you find incorrect information. We can correct it so it won't affect future claims.

## Oops! We forgot about the cookbook drawing in the last issue!

So we will give away two cookbooks for the November/December issue.

Find the cookbook code in this issue, click on the link, complete the information and submit to enter.

In January, we will start a new drawing for a different item. Read on for more information.



## Child care and family-style dining

Family-style dining means that food is placed in kid-friendly serving bowls on the table. You join the kids at the table, and they serve themselves with kid-sized serving utensils, or with help from an older child or you.

What are the benefits for kids?

- They learn how to set the table, to take turns, to pass food to others, to help younger children serve themselves and to say please and thank you.
- They are in control of their food; they can start with small servings and take more later.
- They will often try new foods when they see you and the other kids eating those foods.

What are the benefits for you?

- Foods are placed on the table, so you can also sit down and eat. If you have plenty of food available to meet meal pattern requirements and to allow for seconds, you won't have to "serve," unless more food is needed.
- You can act as a role model by demonstrating proper mealtime behavior and manners for children.

And everyone gets the chance to sit down and enjoy a [[cookbookcode11](#)] quiet conversation and a relaxed meal.

"Child Care Resources, Happy Mealtimes for Healthy Kids, Family Style Dining." Mealtime Memo for Child Care, National Food Service Management Institute.

**Reminder: Effective 10/1/12, you are no longer required to document school-age care when a school-age child is present at morning snack or lunch on a normal school day.**

## **Ellyn Satter's Division of Responsibility in Feeding**

You are responsible for feeding healthful food to kids. You decide what to feed, when to feed it and where to feed it.

Kids are responsible for deciding whether to eat the food and how much of it they will eat.

Satter is an internationally-recognized authority on eating and feeding, located in Madison. For more information go to [ellynsatter.com](http://ellynsatter.com).

## **Your special challenge: The picky eater**

Picky eating is common. Some kids enjoy trying new foods and others are very choosy about what they eat. As a result, mealtime can be challenging for both kids and providers.

Picky eating generally peaks between two to five years of age. Kids identify certain foods as their favorites and refuse to try new foods.

Some kids are picky based on location; they won't eat French toast at home, but they might eat it at your house. Some kids go on "food jags" when they only eat the same food for every meal.

If you insist that kids eat a food, research shows that it won't make them like it. So what can you do?

- Introduce new foods one at a time, maybe through an activity. Introduce the food as a project and let kids explore it. Learn about different cultures or countries. Try a gardening, a counting or a cooking activity.
- Don't force kids to eat; introduce the food and allow kids to make their own decisions. Some foods may need to be introduced many times before some kids will try it.
- Avoid bribery. Kids will learn to associate getting something nice in exchange for something they don't like.
- Be persistent and patient. Follow the same routine daily and offer all foods being served at the same time.

Child Care Resources, Happy Mealtimes for Healthy Kids; The Picky Eater. National Food Service Management Institute.



## **Information received too late for the last issue**

Provider Josh Bleskacek, Pierce Co., was featured in the 7/29/12 *Chippewa Valley Leader-Telegram* as a male who does family child care. Josh joined the WECA Food Program in 2006.

## **Sesame Street Food for Thought**

This fun bilingual multimedia program promotes budget-friendly recipes en Español and English: [sesamestreet.org/parents/topicsandactivities/toolkits/food](http://sesamestreet.org/parents/topicsandactivities/toolkits/food).

## **What feeding tips work for other providers?**

**Lesia Perry, Monroe Co.**, designates Tasty Tuesdays for trying new foods each week. The kids have tried new fruits and veggies and new casseroles. Lesia encourages them to try at least one bite of each new item. When parents pick up their kids, they often ask, "What did you try today for Tasty Tuesday?"

**Michelle Kopecky, Walworth Co.**, says, "If I can get one child to try a bite we make a huge deal about it (sing a song). Then the others will follow because they want that positive attention, too. I think I just have great eaters; they will eat just about anything!"

**Peggy Clark, Milwaukee Co.**, introduces foods that many kids don't get at home, especially fresh fruit. At first, some kids refused to eat fruit unless it was from a can. Five children had never eaten fresh watermelon with the rind still on it.

Peggy has designed special recipes and will share them. You may email her at [ogwdc@wi.rr.com](mailto:ogwdc@wi.rr.com).

**Sandy Delgiacco, Brown Co.**: "No one can say "gross," or "yucky," about a food; they can say they don't care for it." For example, what if Charlie didn't like ice cream and said "yuck" when it was served? Susie might think ice cream tastes good, and she doesn't care and doesn't want to know what Charlie thinks. Just because somebody doesn't like a food doesn't mean someone else won't!

Kids learn to eat and drink hot foods while they're warm, so they taste better. Kids eat and drink cold foods while they're cold, so they taste better, too.

If a child doesn't like something, he/she gets one or two small pieces the first time. Each time after that, the child gets one more piece, and is soon eating a complete serving.

Not a fan of juice, Sandy serves lots of fresh fruit and water with every snack, so kids won't fill up on juice.

Each meal is enjoyable. The kids talk a lot. Lunch may last from 45 minutes to an hour some days.

## **New item for January/February drawing**

November/December is our last cookbook drawing.

Next, enter the January/February drawing for a 5 Minute Activity Box from Lakeshore Learning. The code will be in the next online Provider Connection.

All the kids can play, if one can read the cards to the other children.

One prize will be awarded in each issue. You may enter once per issue and you can win one prize per calendar year.



**[www.ActivityVillage.co.uk](http://www.ActivityVillage.co.uk) - Keeping Kids Busy**