

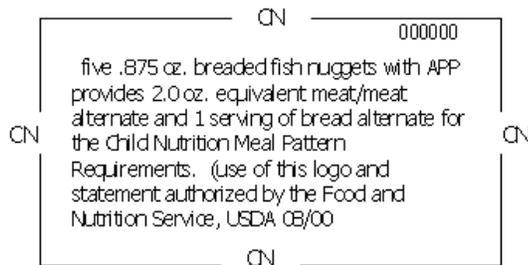
**The USDA “Inspected” stamp is not a substitute for the Child Nutrition (CN) label**

The United States Department of Agriculture (USDA) “Inspected” stamp on processed foods assures you that a product is wholesome and accurately labeled.

Here are two examples of the USDA stamp:



The stamp does NOT mean that a processed combination food is creditable on the food program. That requires a CN label, like this sample:



A CN label will always have:

- The CN logo, which is a distinct border.
- The meal pattern contribution statement.
- A 6-digit product identification number.
- USDA/FNS authorization statement.
- The month and year of approval.

Credit: [www.fns.usda.gov/cnd/cnlabeling](http://www.fns.usda.gov/cnd/cnlabeling).

**Tier renewal materials will be mailed June 29**

Your tier is important because it determines how much you're paid.

ALL income eligibility forms will expire June 30, 2012. New forms will be mailed 6/29/12. Your new completed application must be received in the WECA Food Program office on or before 7/31/12 for possible July approval.

If you haven't received tier renewal materials by July 16, call 800-783-9322, extension 7237.

**America Online isn't compatible with CACFP.Net**

The Internet service provider America Online (AOL) is NOT compatible with the CACFP.Net online claiming program. If AOL is your Internet provider, use a different service provider to access CACFP.Net.

If you choose to use AOL, neither CACFP.Net nor the WECA Food Program will be responsible for any errors that result.

**In this issue**

We've added information and resources to the *Provider Connection*. Look for more content in each issue and something fun on the last page.

This issue focuses on the 2010 Dietary Guidelines for Americans physical activity recommendations for all ages. And see the back page for a June Dairy Month coloring page for the kids!

**A special note just for licensed providers**

If you are a licensed provider who uses an assistant, you must have a completed Statement for Providers with Assistants form on file at the WECA office so that your claim will process properly.

We do NOT need the name of your assistant, and your form will not expire until you inform us that you no longer use an assistant. For your convenience, print the Statement from the WECA website at [wisconsinearlychildhood.org](http://wisconsinearlychildhood.org), complete the online form, or ask your area coordinator for a form.



**Milk change went into effect 10/1/11**

Remember that milk served to children two years and older must be skim or 1% milk. One year-olds can be served skim or 1% milk, although whole or 2% is recommended.

Sponsors are not required to deduct for incomplete or incorrect documentation. Area coordinators will monitor milk at home visits. If you don't serve the proper milk, a corrective action plan will be put in place, and the affected meal/snack will be disallowed.

**Be sure to keep your Food Program records**

- Food Program records must be maintained onsite for the previous 12 months, plus the current month.
- Records for the previous two years can be stored onsite or offsite, but must be made available if requested.
- Keep records electronically or on paper. All records must be accessible for WECA, Wisconsin Department of Public Instruction (DPI), or USDA review at any time during your regular day care hours.



## **NEW to Wisconsin! First Children's Finance supports child care businesses**

First Children's Finance makes loans to child care and early education businesses, especially those that serve lower-income communities. They finance new programs and also support existing programs.

As a family child care provider, you must:

- Own the home for which you want the loan.
- Be regulated by the appropriate state agency, or, for new businesses, be regulated as a result of the loan.
- Be prepared to provide collateral and make an equity investment in the business.
- Serve, or be prepared to serve, children whose families qualify for child care assistance.

Family child care loans are available in amounts of \$1,000 to \$25,000. First Children's Finance will walk you through the application process.

For more information, call 866-562-6801, or visit [www.FirstChildrensFinance.org](http://www.FirstChildrensFinance.org).

## **What's in the online issue this time?**

- Provider recognitions for May and June.
- Food program recipes in [English](#) and [Spanish](#).
- [Free cookbook registration](#).

## **Don't lose out on your claim!**

If you receive one of these letters in error, call 800-783-9322, ext. 7245, and follow up right away:

- "We didn't receive your claim" for the last claim month.
- "We received your claim too late" to process on time.

## **How to keep your license or certification current**

Fax or mail a copy of each page of your updated license or certification as soon as you get it. Licenses and certificates are not automatically forwarded to us. It also helps us if you write your six-digit WECA provider number on the page(s).

If you submit your regulation timely, we can continue to pay your claims properly. Fax your regulation to Pam at 608-442-5306.

## **Here's a riddle for June Dairy Month**

Q: Where did the cow go when she wanted a night out?

A: To the MOOVies!

## **Civil Rights and the Federal Food Program**

Civil rights are the rights of personal liberty guaranteed by the 13th and 14th Amendments to the Constitution, and by Acts of Congress. The goals of civil rights are:

- Equal treatment for applicants and beneficiaries.
- Knowledge of the rights and responsibilities for applicants and beneficiaries.
- Elimination of illegal barriers that prevent or deter anyone from receiving benefits.
- Dignity and respect for all.

Each child who attends your day care home must be provided equal access to the benefits of the food program. For example, each infant must be offered infant formula and food; [cookbookcode05] parents cannot be asked or required to provide these items.

It is age discrimination to withhold the program from any eligible age group. You must:

- Provide the food program in a nondiscriminatory manner.
- Distribute "Building for the Future" flyers to all newly-enrolled families.
- Distribute Parent/Provider Formula Agreements to families of all newly-enrolled infants.
- Refer all civil rights complaints to the WECA Food Program.

The nondiscrimination statement must be on all printed materials available to the public that mention or imply USDA and/or the Child and Adult Care Food Program, including a website, if you have one. At a minimum, the statement, or a link to it, must be included on the home page of your program information, in the same font size as your materials:

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights (Office of Adjudication), 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). TDD users can contact USDA through local relay or the Federal Relay at (800) 877-8339 (TDD) or (866) 377-8642 (relay voice users). USDA is an equal opportunity provider and employer."

If there isn't enough space for the full statement, this shorter statement is required:

"This institution is an equal opportunity provider."





### **New product: Are vegetable straws okay on the Food Program?**

Here's what DPI says: Vegetable straws are a snack food made from ingredients that include vegetables (such as tomatoes and spinach), seed oils, grain starches, and flours made from vegetables and grains. They are then formed into the shape of long square pegs.

Vegetable straws can never be credited as a fruit/vegetable, and can only be credited as a grain/bread if made with whole or enriched grains.

This item cannot be credited as a fruit/vegetable because it would be considered a processed food item, not creditable without a Child Nutrition (CN) label.

It is creditable as a grain/bread ONLY when it is made with whole or enriched grain. Some, but not all, vegetable straws are made with whole grains.

### **Our third cookbook winner**

The winner of our third cookbook drawing is Wendy Engbertson of Washburn County. Wendy has been a WECA Food Program provider since November 2006. Congratulations, Wendy!

To enter the cookbook drawing, find the cookbook code hidden in this issue's online version and click on the link. Complete the online form and Send.

### **Recipes from provider Bethel Donaldson**

Bethel lives in Outagamie County and has been a WECA Food Program provider since August 2011.

On request, she shared two recipes with us. This month, you'll find her Crock Pot Pizza recipe (and more) at [thefamily.net](http://thefamily.net); select [The Recipe Lady](#).

### **Two great online resources**

Before you buy that used baby crib, visit [Saferproducts.gov](http://Saferproducts.gov) to be sure it's safe. Click on Search; then choose a category under Babies and Kids..

Visit [tomcopelandblog.com](http://tomcopelandblog.com). It's the site especially for family child care providers just like you. Tom Copeland should be your BFF (best friend forever)!

### **Physical activity ideas from area coordinators**

- Terri Fuller walks: "Daily walks are my favorite way to incorporate physical activity."
- Julie Giles is passionate about rock-climbing, both as a participant and as an instructor.
- Mary Nielsen passes on this advice from DPI: Turn off the TV during day care hours.

### **Recommendations for physical activity**

- Children two to five years should play actively several times each day.
- Children six years and older should have at least one hour of physical activity each day.
- Adults 18-64 should have at least 2½ hours of physical activity each week.
- Adults 65 and older should be as active as abilities and physical condition will allow.

We should choose activities that we can do regularly. At least ten minutes of activity at a time results in the best health benefits, and it all adds up. Doing something is better than doing nothing at all! [www.choosemyplate.gov](http://www.choosemyplate.gov), Tips for Increasing Physical Activity.



### **Ideas to get everyone moving**

Here are suggestions for you and the children:

- Go for a walk; push the baby in a stroller, pull a toddler in a wagon, and discuss with the older children what you see around you.
- Walk the dog.
- Have the children help you plant and care for a flower or vegetable garden.
- Play hide-and-seek with the children, march around the yard, dance while everyone sings a song, blow bubbles and chase them, play with hula hoops.
- Visit a local park that has climbing equipment for the children.
- Let the rest of us know what you do with the children to get everyone moving.
- Whatever you choose to do, have fun!



### **Provider Christie Schreier shares produce buys**

Christie passed on this information from her friend in Minnesota who is a food program provider. It's a list of produce "best buys" for each month.

Best buys for May: Broccoli, carrots, cucumbers, lettuce, tomatoes, apples, bananas, grapes, kiwi, oranges, pears.

Best buys for June: Corn, carrots, cucumbers, lettuce, celery, blueberries, cantaloupe, grapes, strawberries, plums.

Christie has been a WECA provider since 2000, and lives in Monroe County. Thank you, Christie!

# COUNT ON CALCIUM

