

Teddy Bear, Teddy Bear

Version 1

Teddy Bear, Teddy Bear, turn around!
Teddy Bear, Teddy Bear, touch the ground.
Teddy Bear, Teddy bear, jump up high.
Teddy Bear, Teddy Bear, touch the sky.
Teddy Bear, Teddy Bear, bend down low.
Teddy Bear, Teddy Bear, touch your toes.
Teddy Bear, Teddy Bear, turn off the light.
Everybody say, ssh!
Teddy Bear, Teddy Bear, say goodnight.

(Mother Goose Club Version)

Version 2

Teddy Bear, Teddy Bear, turn around.
Teddy Bear, Teddy Bear, touch the ground.
Teddy Bear, Teddy Bear, read the news.
Teddy Bear, Teddy Bear, shine your shoes.
Teddy Bear, Teddy Bear, go upstairs.
Teddy Bear, Teddy Bear, say your prayers.
Teddy Bear, Teddy Bear, turn out the light.
Teddy Bear, Teddy Bear, say GOOD NIGHT!

Source: Schiller and Rossano, The Instant Curriculum (2005)

Version 3

Teddy Bear, Teddy Bear, turn around.
Teddy Bear, Teddy Bear, touch the ground.
Teddy Bear, Teddy Bear, go up stairs.
Teddy Bear, Teddy Bear, say your prayers.
Teddy Bear, Teddy Bear, turn off the light.
Teddy Bear, Teddy Bear, say goodnight.

Source: Western Folklore (1954)

Historical Background

“Teddy Bear, Teddy Bear” is an active rhyme, in which children act out what the lyrics say. The rhyme incorporates basic exercise such as jumping high, stretching to the sky, and touching toes. These motions help young children familiarize themselves with both coordinating full body movements and following varied instructions in rapid succession.

Brown bear sees...

red bird

purple cat

goldfish

black sheep

white dog

green frog

teacher

yellow duck

blue horse

children

What other things could you see behind the bear mask? Practice children’s names, name letters, identify numbers, name things in the room, ...

Other Bear themes:

Goldilocks

Bernstein Bears

Smokey Bear

Winnie the Pooh

Little Bear

Corduroy

Paddington

Bear- Asch

Polar Bear

Search internet for Bear stories and finger plays... many other ideas