

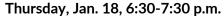
WEESSN Training Calendar 2024

Wisconsin Early Education Shared Services Network (WEESSN) provides a wide range of free trainings on topics of interest to early childhood program owners, administrators, and staff. Check out the training schedule below for the intended audience for each session. Want to get access to these valuable opportunities? Your program needs to be enrolled in WEESSN. It's truly free – **no hidden catch!**

Unless noted otherwise, all sessions are conducted in English with a corresponding session in Spanish. For the most updated list of <u>all training opportunities</u>, scan this QR code with your smartphone camera. And please encourage your team to attend as well!



Planning Your Career in ECE: Beginnings and Beyond





Explore the various career pathways available to everyone, from those just joining the early childhood field to those having decades of experience and education. Learn how Wisconsin Early Childhood Association's free Career Development Counseling service can help identify the right path for your career journey.

Audience: All WEESSN Members and Staff

Instructor: Mildred Starks, T.E.A.C.H. Career Development Counselor

Register

Chair Yoga (Spanish only)

Mondays, Jan. 29 - Feb. 26, 6:30-7:30 p.m.



WEESSN, through <u>Primordial Multicultural Healing Community</u>, is offering a five-session chair yoga series for Spanish-speaking child care providers. Participants will perform postures and movements on a chair, as well as some standing postures, flexes, and extensions to create a connection between the physical body, mind, and emotions. The series is designed to support early educators in maintaining a good level of motion and muscle tone without forcing the body. Gaby Tavera_will guide participants to care for the body with love. Registration is open throughout the course; sign up for as many sessions as you'd like.

Audience: Spanish-speaking providers

Instructor: Gaby Tavera Guest facilitator: Sylvia Eugenia Ruiz, CMF, SEP

Register



Strategic Insights: Finding Your Cost-Per-Child and Break-Even Point

Thursday, Feb. 15, 6:30-7:30 p.m.

Understanding your break-even point is crucial to running a successful business. Join us as we walk through the process of calculating your cost-per child and utilizing this data to make informed decisions related to rate setting, enrollment, staffing, and balancing your budget.

Audience: Group child care administrators and family child care providers

Instructors: WEESSN Financial Services Team: Dan Eckhardt, Kim Yehle, Jamie Culbert

Register



WISER: Onboarding Staff: Creating a Positive Experience

Monday, March 4, 6:30-7:30 p.m.

Successful onboarding, including orientation, can significantly improve employee engagement, reduce turnover in your organization, and help staff feel confident in their work with children and families. Join us to learn how to implement an onboarding system that will improve employee work ethic and ownership as well as enhance your center's culture.

Audience: Group Center Administrators

Instructors: Nicole Schabow, WEESSN Team Coordinator, and Sue Loberger, WEESSN Tiered Membership Specialist

Register

Cultivating Early Childhood Leaders of Color



Monday, March 11, 6:30-7:30 p.m.

Learn the importance of having leaders of color in our early childhood programs and businesses, how to create pathways to leadership for staff members of color, and how to build supportive and inclusive spaces for people of color.

Audience: Family Child Care and Group Center Administrators

Instructors: Dorothy Bass, WEESSN Program Coach, and Dr. Tanya Johnson, WECA DEIB Co-Coordinator

Register



Conscious Discipline: Ignite and Excite Training Sessions

WEESSN is offering seven full-day Conscious Discipline® trainings across Wisconsin this spring. Conscious Discipline is a nationally recognized, evidence-based approach that helps providers understand and navigate the complexities of child behavior. The first 50 registrants for each event will receive a free copy of the Conscious Discipline: Building Resilient Classrooms book (one copy per person).



Tasty Tuesday - Fun with Food

Tuesday, April 9, 6:30-7:30 p.m.

Join us during Week of the Young Child® for Tasty Tuesday and learn about ways to have fun while enjoying healthy food with the children in your program. WEESSN staff will share some of their favorite children's books about food and give away copies of each book featured as prizes throughout the hour. This event is hosted live in English with Spanish interpretation.

Audience: Family Child Care and Group Center Educators

Instructors: Mary O'Connell and Catherine Hansen, WEESSN Food System Coordinators

Register



Creating a "Stay Culture": Retaining Staff and Families in Early Childhood Education Thursday, April 11, 6:30-7:30 p.m.

Learn how turnover impacts early care and education along with strategies for retaining staff and families to create and maintain a "stay culture" for business sustainability.

Audience: Family Child Care and Group Center Administrators

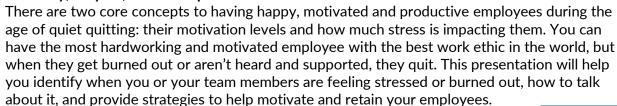
Instructors: Krista Gylund and Nancy Willman, WEESSN Program Coaches

Register



EAP: Retaining Employees While Preventing Burnout for Your Team

Thursday, May 16, 6:30-7:30 p.m.



Audience: Supervisors

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register



Elevate Your Efficiency: Increase Productivity and Compliance Through Administrative Calendars

Thursday, May 23, 6:30-7:30 p.m.

Dive into the use of administrative calendars and discover the power of running your business efficiently! Explore ways to streamline daily tasks, manage key dates, and meet compliance deadlines. Don't miss this opportunity to foster a culture of productivity and accountability through calendar management.

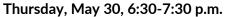
Audience: Family Child Care and Group Center Administrators

Instructors: Gena Kraemer, WEESSN Program Coach,

and Kim Yehle, WEESSN Finance Specialist

Register

EAP: Preventing Burnout Workshop





Attend the live "Retaining Employees While Preventing Burnout for Your Team" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program, and how early childhood professionals can share their experiences to support each other.

Audience: Follow-Up Workshop for Supervisors

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register

EAP: The Benefits of Mindfulness

Thursday, June 13, 6:30-7:30 p.m.



There are many well-documented benefits of mindfulness, from stress reduction to relationship satisfaction to job performance. However, many employees find it difficult to make mindfulness a part of their everyday life. In this presentation, attendees will learn simple yet powerful strategies to help them begin to cultivate the type of greater awareness and active, open attention to the present that experts agree can lead to better health and optimal performance.

Audience: All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register



Mindfulness Retreat in Milwaukee: Balancing Giving and Receiving (Spanish Only)

Saturday, June 15, 9 a.m. to 4 p.m., Milwaukee Friends Meeting

This in-person mindfulness retreat will provide support in recognizing the importance of balancing giving and receiving in daily life. We will experience meditation, group reflection, somatic movement (based on the direct perception of the body), and the art of play. Event will be conducted in Spanish. Snacks and lunch provided.

Audience: Spanish-speaking Family Child Care and Group Center Educators

Instructor: Sylvia Eugenia Ruiz, SEP, CMF, and special guests

Register



WISER: Creating More Time: Technology's Role in Family Child Care

Monday, June 17, 6:30-7:30 p.m.

Do you wish you had more hours in the day? Learn how technology can help you reclaim your time and create efficiencies in your business tasks.

Audience: Family Child Care Owners/Administrators

Instructors: Catherine Hansen, WEESSN Food Systems Coordinator and WEESSN Program

Coach, and Abbey Sena Reinke, WEESSN Tiered Membership Specialist

Register



Thursday, June 27, 6:30-7:30 p.m.



Attend the live "The Benefits of Mindfulness" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program and your life, and how early childhood professionals can share their experiences to support each other.

Audience: Follow-Up Workshop for All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register

WEESSN Training On Demand

WEESSN Training On Demand courses offer flexible and accessible learning experiences tailored to your schedule. Dive into a variety of professional development topics at your own pace and earn Registry credit for each course you complete. Accessible anytime, anywhere, these FREE courses provide engaging content and useful tools to manage your child care business.

Register

Note: this schedule will be updated periodically as we have updated information. If you have questions, please contact Mary O'Connell, WEESSN Professional Development Coordinator.