

## WEESSN Training Calendar 2024

Wisconsin Early Education Shared Services Network (WEESSN) provides a wide range of free trainings on topics of interest to early childhood program owners, administrators, and staff. Check out the training schedule below for the intended audience for each session. Want to get access to these valuable opportunities? Your program needs to be enrolled in [WEESSN](#). It's truly free – **no hidden catch!**

Unless noted otherwise, all sessions are conducted in English with a corresponding session in Spanish. For the most updated list of [all training opportunities](#), scan this QR code with your smartphone camera. And please encourage your team to attend as well!



### Planning Your Career in ECE: Beginnings and Beyond

**Thursday, Jan. 18, 6:30-7:30 p.m.**



Explore the various career pathways available to everyone, from those just joining the early childhood field to those having decades of experience and education. Learn how Wisconsin Early Childhood Association's free Career Development Counseling service can help identify the right path for your career journey.

**Audience:** All WEESSN Members and Staff

**Instructor:** *Mildred Starks, T.E.A.C.H. Career Development Counselor*

[Register](#)

### Chair Yoga (Spanish only)

**Mondays, Jan. 29 - Feb. 26, 6:30-7:30 p.m.**



WEESSN, through [Primordial Multicultural Healing Community](#), is offering a five-session chair yoga series for Spanish-speaking child care providers. Participants will perform postures and movements on a chair, as well as some standing postures, flexes, and extensions to create a connection between the physical body, mind, and emotions. The series is designed to support early educators in maintaining a good level of motion and muscle tone without forcing the body. Gaby Tavera will guide participants to care for the body with love. Registration is open throughout the course; sign up for as many sessions as you'd like.

**Audience:** Spanish-speaking providers

**Instructor:** *Gaby Tavera* **Guest facilitator:** *Sylvia Eugenia Ruiz, CMF, SEP*

[Register](#)

### Strategic Insights: Finding Your Cost-Per-Child and Break-Even Point

**Thursday, Feb. 15, 6:30-7:30 p.m.**



Understanding your break-even point is crucial to running a successful business. Join us as we walk through the process of calculating your cost-per child and utilizing this data to make informed decisions related to rate setting, enrollment, staffing, and balancing your budget.

**Audience:** Group child care administrators and family child care providers

**Instructors:** *WEESSN Financial Services Team: Dan Eckhardt, Kim Yehle, Jamie Culbert*

[Register](#)

### WISER: Onboarding Staff: Creating a Positive Experience

**Monday, March 4, 6:30-7:30 p.m.**



Successful onboarding, including orientation, can significantly improve employee engagement, reduce turnover in your organization, and help staff feel confident in their work with children and families. Join us to learn how to implement an onboarding system that will improve employee work ethic and ownership as well as enhance your center's culture.

**Audience:** Group Center Administrators

**Instructors:** *Nicole Schabow, WEESSN Team Coordinator, and Sue Loberger, WEESSN Tiered Membership Specialist*

[Register](#)

## Cultivating Early Childhood Leaders of Color

**Monday, March 11, 6:30-7:30 p.m.**

Learn the importance of having leaders of color in our early childhood programs and businesses, how to create pathways to leadership for staff members of color, and how to build supportive and inclusive spaces for people of color.

**Audience:** Family Child Care and Group Center Administrators

**Instructors:** *Dorothy Bass, WEESN Program Coach, and Dr. Tanya Johnson, WECA DEIB Co-Coordinator*

[Register](#)



## Conscious Discipline: Ignite and Excite Training Sessions

WEESN is offering seven full-day Conscious Discipline® trainings across Wisconsin this spring. Conscious Discipline is a nationally recognized, evidence-based approach that helps providers understand and navigate the complexities of child behavior. The first 50 registrants for each event will receive a free copy of the [Conscious Discipline: Building Resilient Classrooms book](#) (one copy per person).

[Details](#)



## Tasty Tuesday – Fun with Food

**Tuesday, April 9, 6:30-7:30 p.m.**

Join us during Week of the Young Child® for Tasty Tuesday and learn about ways to have fun while enjoying healthy food with the children in your program. WEESN staff will share some of their favorite children's books about food and give away copies of each book featured as prizes throughout the hour. This event is hosted live in English with Spanish interpretation.

**Audience:** Family Child Care and Group Center Educators

**Instructors:** *Mary O'Connell and Catherine Hansen, WEESN Food System Coordinators*

[Register](#)



## Creating a "Stay Culture": Retaining Staff and Families in Early Childhood Education

**Thursday, April 11, 6:30-7:30 p.m.**

Learn how turnover impacts early care and education along with strategies for retaining staff and families to create and maintain a "stay culture" for business sustainability.

**Audience:** Family Child Care and Group Center Administrators

**Instructors:** *Krista Gylund and Nancy Willman, WEESN Program Coaches*

[Register](#)



## EAP: Retaining Employees While Preventing Burnout for Your Team

**Thursday, May 16, 6:30-7:30 p.m.**

There are two core concepts to having happy, motivated and productive employees during the age of quiet quitting: their motivation levels and how much stress is impacting them. You can have the most hardworking and motivated employee with the best work ethic in the world, but when they get burned out or aren't heard and supported, they quit. This presentation will help you identify when you or your team members are feeling stressed or burned out, how to talk about it, and provide strategies to help motivate and retain your employees.

**Audience:** Supervisors

**Instructor:** *SupportLinc Counselor from the Educator Assistance Program (EAP)*

[Register](#)



## Elevate Your Efficiency: Increase Productivity and Compliance Through Administrative Calendars

**Thursday, May 23, 6:30-7:30 p.m.**

Dive into the use of administrative calendars and discover the power of running your business efficiently! Explore ways to streamline daily tasks, manage key dates, and meet compliance deadlines. Don't miss this opportunity to foster a culture of productivity and accountability through calendar management.

**Audience:** Family Child Care and Group Center Administrators

**Instructors:** *Gena Kraemer, WEESN Program Coach, and Kim Yehle, WEESN Finance Specialist*

[Register](#)



### EAP: Preventing Burnout Workshop

Thursday, May 30, 6:30-7:30 p.m.



Attend the live "Retaining Employees While Preventing Burnout for Your Team" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program, and how early childhood professionals can share their experiences to support each other.

**Audience:** Follow-Up Workshop for Supervisors

**Instructor:** *SupportLinc Counselor from the Educator Assistance Program (EAP)*

[Register](#)

### EAP: The Benefits of Mindfulness

Thursday, June 13, 6:30-7:30 p.m.



There are many well-documented benefits of mindfulness, from stress reduction to relationship satisfaction to job performance. However, many employees find it difficult to make mindfulness a part of their everyday life. In this presentation, attendees will learn simple yet powerful strategies to help them begin to cultivate the type of greater awareness and active, open attention to the present that experts agree can lead to better health and optimal performance.

**Audience:** All Family Child Care and Group Center Educators

**Instructor:** *SupportLinc Counselor from the Educator Assistance Program (EAP)*

[Register](#)

### Mindfulness Retreat in Milwaukee: Balancing Giving and Receiving (Spanish Only)

Saturday, June 15, 9 a.m. to 4 p.m., Milwaukee Friends Meeting



This in-person mindfulness retreat will provide support in recognizing the importance of balancing giving and receiving in daily life. We will experience meditation, group reflection, somatic movement (based on the direct perception of the body), and the art of play. Event will be conducted in Spanish. Snacks and lunch provided.

**Audience:** Spanish-speaking Family Child Care and Group Center Educators

**Instructor:** *Sylvia Eugenia Ruiz, SEP, CMF, and special guests*

[Register](#)

### WISER: Creating More Time: Technology's Role in Family Child Care

Monday, June 17, 6:30-7:30 p.m.



Do you wish you had more hours in the day? Learn how technology can help you reclaim your time and create efficiencies in your business tasks.

**Audience:** Family Child Care Owners/Administrators

**Instructors:** *Catherine Hansen, WEESN Food Systems Coordinator and WEESN Program Coach, and Abbey Sena Reinke, WEESN Tiered Membership Specialist*

[Register](#)

### EAP: Mindfulness Workshop

Thursday, June 27, 6:30-7:30 p.m.



Attend the live "The Benefits of Mindfulness" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program and your life, and how early childhood professionals can share their experiences to support each other.

**Audience:** Follow-Up Workshop for All Family Child Care and Group Center Educators

**Instructor:** *SupportLinc Counselor from the Educator Assistance Program (EAP)*

[Register](#)

### WEESN Training On Demand

WEESN Training On Demand courses offer flexible and accessible learning experiences tailored to your schedule. Dive into a variety of professional development topics at your own pace and earn Registry credit for each course you complete. Accessible anytime, anywhere, these FREE courses provide engaging content and useful tools to manage your child care business.

[Register](#)

Note: this schedule will be updated periodically as we have updated information. If you have questions, please contact [Mary O'Connell](#), WEESN Professional Development Coordinator.

(Revised 4.16.24)