

# **WEESSN Training Calendar 2024**

Wisconsin Early Education Shared Services Network (WEESSN) provides a wide range of free trainings on topics of interest to early childhood program owners, administrators, and staff. Check out the training schedule below for the intended audience for each session. Want to get access to these valuable opportunities? Your program needs to be enrolled in <u>WEESSN</u>. It's truly free – **no hidden catch!** 

Unless noted otherwise, all sessions are conducted in English with a corresponding session in Spanish. For the most updated list of <u>all training opportunities</u>, scan this QR code with your smartphone camera. And please encourage your team to attend as well!



# June-December

### **EAP: The Benefits of Mindfulness**

Thursday, June 13, 6:30-7:30 p.m.



There are many well-documented benefits of mindfulness, from stress reduction to relationship satisfaction to job performance. However, many employees find it difficult to make mindfulness a part of their everyday life. In this presentation, attendees will learn simple yet powerful strategies to help them begin to cultivate the type of greater awareness and active, open attention to the present that experts agree can lead to better health and optimal performance.

Audience: All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register

# h perce histiliness and a constant of the cons

# Mindfulness Retreat in Milwaukee: Balancing Giving and Receiving (Spanish Only)

Saturday, June 15, 9 a.m. to 4 p.m., Milwaukee Friends Meeting

This in-person mindfulness retreat will provide support in recognizing the importance of balancing giving and receiving in daily life. We will experience meditation, group reflection, somatic movement (based on the direct perception of the body), and the art of play. Event will be conducted in Spanish – <u>learn more here</u>. Snacks and lunch provided. 6

Audience: Spanish-speaking Family Child Care and Group Center Educators

Instructor: Sylvia Eugenia Ruiz, SEP, CMF, and special guests



### WISER: Creating More Time: Technology's Role in Family Child Care

Monday, June 17, 6:30-7:30 p.m.

hours Wisconsin Registry credit.

Do you wish you had more hours in the day? Learn how technology can help you reclaim your time and create efficiencies in your business tasks.

Audience: Family Child Care Owners/Administrators

Instructors: Catherine Hansen, WEESSN Food Systems Coordinator and WEESSN Program

Coach, and Abbey Sena Reinke, WEESSN Tiered Membership Specialist

Register

Register



### **Educator Assistance Program (EAP) Open Office Hour**

Thursday, June 20, 6:30-7:30 p.m.

Learn how the EAP can benefit you, your household members, and your staff during the EAP Open Office Hour. There will be time for you to ask questions. Make sure you share this opportunity with your program staff and family/household members. The EAP promotes well-being and helps increase employee satisfaction and retention. It offers 100% confidential access to mental health counseling, crisis support, legal and financial consultations, HR

coaching, and more. Learn more about the EAP on our website.

Audience: All Family Child Care and Group Center Educators

Instructor: Tarnesha Miller, WEESSN EAP Coordinator

# **EAP: Mindfulness Workshop**

Thursday, June 27, 6:30-7:30 p.m.



Attend the live "The Benefits of Mindfulness" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program and your life, and how early childhood professionals can share their experiences to support each other.

**Audience**: Follow-Up Workshop for All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor from the Educator Assistance Program (EAP)

Register

# The Magic of Social Media Marketing

Thursday, July 25, 6:30-7:30 p.m.



From Facebook and Instagram to LinkedIn and TikTok, join us as we dive deep into the magic of social media marketing to boost enrollment, attract staff, increase value, and create community connections. Even when your program is fully enrolled, maintaining a strong social media presence will help make your business sustainable. Creating your brand, showing your mission, vision, and philosophy, and how your business is thriving and in demand can allow you to charge a premium for your program. Do not miss this opportunity to find out how social media can transform your child care business!

Audience: Family Child Care and Group Center Administrators

Instructors: Kimberly Yehle and Theresa Shaeffer, WEESSN Business Coaches

Register



# **EAP: Effective Communication Skills for Supervisors**

Tuesday, Aug. 6, 6:30-7:30 p.m.

Most employees spend much of their time communicating in some way on the job. Communication is a two-way street – it means speaking well and listening carefully. This presentation will explore different communication styles and critical communication skills, including reflective listening and providing feedback, with time to review and practice these skills.

Audience: Supervisors

Instructor: SupportLinc Counselor

Register

# **EAP: Supervisor Communication Skills Workshop**

Tuesday, Aug. 20, 6:30-7:30 p.m.



Attend the live "Effective Communication Skills for Supervisors" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program, and how early childhood professionals can share their experiences to support each other.

Audience: Follow-Up Workshop for Supervisors

Instructor: SupportLinc Counselor

Register



# **Embracing Differences: How to Promote Equity in External Communications**

Thursday, Aug. 22, 6:30-7:30 p.m.

This training will examine the importance of equity in external communication and marketing practices. We will discuss how to promote inclusive language, race, ethnicity, and gender, and the importance of body language and facial expression when communicating.

Audience: Family Child Care and Group Center Administrators

Instructors: Dorothy Bass and Michelle Seay, WEESSN Business Coaches

Register



# **EAP: Dealing with Difficult People**

Tuesday, Sept. 10, 6:30-7:30 p.m.

Many people deal with difficult people as part of their everyday lives. Without command of solid coping mechanisms, the stress of handling difficult people and tough situations can create a lack of productivity, poor attitude, and reluctance to come to work. Attendees will learn how to address a range of challenging situations and take steps to improve problem relationships.

Audience: All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor

Register



# **EAP: Difficult People Workshop**

Tuesday, Sept. 24, 6:30-7:30 p.m.

Attend the live "Dealing with Difficult People" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program and your life, and how early childhood professionals can share their experiences to support each other.

Audience: Follow-Up Workshop for All Family Child Care and Group Center Educators

Instructor: SupportLinc Counselor

Register



# WISER: Family Voices - Gathering Meaningful Feedback

Thursday, Sept. 26, 6:30-7:30 p.m.

Gather families' perspectives and experiences to help shape better services and policies in your program. Learn about the importance of surveys and how to use them to ensure families' needs, preferences, and expectations are heard. Discover the many resources available on WISER that will assist in creating surveys and how to utilize them.

Audience: Family Child Care and Group Center Administrators

Instructors: Gena Kraemer and Nancy Willman, WEESSN Business Coaches

Register



# **Calming the Paperwork Chaos**

Thursday, Oct. 24, 6:30-7:30 p.m.

Join us for a training designed to help family child care providers conquer the paperwork chaos! Learn simple, yet effective strategies for organizing paperwork such as receipts, invoices, and more. This training is perfect for anyone looking to streamline their administrative tasks and focus more on what they love – taking care of children. Whether you're a seasoned pro or just starting out, we've got you covered.

Audience: Family Child Care Owners/Administrators

Instructors: Anne Alexander and Holly Hale, WEESSN Business Coaches

Register



**EAP: Motivate, Recognize, and Energize Employees** 

Thursday, Nov. 7, 6:30-7:30 p.m.

This presentation will help attendees create a tool bag of techniques to motivate employees and managers. We will cover self-care, positive psychology, resiliency, laughter, and more, and discuss how motivation and recognition lead to increased productivity.

Audience: Supervisors

Instructor: SupportLinc Counselor

Register



# Elevating Staff by Creating a Personalized Approach to Professional Development

Thursday, Nov. 14, 6:30-7:30 p.m.

In this training, attendees will learn how to create staff evaluations from job descriptions and utilize the information toward personalizing professional development goals for growth.

**Audience**: Family Child Care and Group Center Administrators

Instructors: Nicole Schabow, WEESSN Team Coordinator and Krista Gylund, WEESSN

**Business Coach** 

Register



## **EAP: Energize Employees Workshop**

Thursday, Nov. 21, 6:30-7:30 p.m.

Attend the live "Motivate, Recognize, and Energize Employees" training or watch the recording (a link will be sent after the training), then join the group for an interactive discussion of lessons learned, how you can apply these skills in your program, and how early childhood professionals can share their experiences to support each other.

Audience: Follow-Up Workshop for Supervisors

Instructor: SupportLinc Counselor

Register



# WISER: Mastering Year-End Tax Preparation – Essential Strategies and Resources

Thursday, Dec. 12, 6:30-7:30 p.m.

Join us as we explore essential year-end tax preparation strategies and review helpful WISER tools to support you in maximizing your deductions and making tax season a breeze.

**Audience**: Family Child Care and Group Center Administrators

Instructors: WEESSN Back-Office Team

Register

# **WEESSN Training On Demand**

WEESSN Training On Demand courses offer flexible and accessible learning experiences tailored to your schedule. Dive into a variety of professional development topics at your own pace and earn Registry credit for each course you complete. Accessible anytime, anywhere, these FREE courses provide engaging content and useful tools to manage your child care business.

Register

Note: this schedule will be updated periodically as we have updated information. If you have questions, please contact Mary O'Connell, WEESSN Professional Development Coordinator.

(Revised 8.1.24)